CITE
Parent Workshop Menu
Let us help you build the home/school connection!

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PARENT WORKSHOP MENU for 2022-2023

Dear Colleague,

The Center for Integrated Training & Education is proud to offer a number of parent workshops designed to address various educational issues encountered by the educational community. We can also create specific workshops to meet your needs.

Please note that all workshops are 60-90 minute sessions, including question and answer periods. Session content and length can be tailored to meet your school-specific needs. We can even develop new topics at your request!

Participants will receive a variety of hand-outs including a copy of the Powerpoint presentation used during the session. ***Workshops and materials can be provided in English, Spanish, Mandarin/Cantonese, and can be provided in person or virtually.***

NEW **"Preparing Your Child for College":** Most of us believe that the college application process begins in Senior year, the truth is there are things you and your child can be doing along the way. This workshop will discuss topics like: The difference between and ACT & SAT…Developing a HS resume…Choosing the right essay topic…The parent's role in helping the child navigate the process…Developing a timeline/checklist to stay on track. (A Career Readiness component can be added.)

NEW **"Reversing COVID Slide":** Recent student assessment results have yielded significant loss of student learning despite the noble efforts of educators. This loss is known as "COVID Slide". This workshop is designed to provide concrete suggestions parents can implement to help their children "catch-up".

"COVID Parenting": The on-going pandemic has resulted in increased anxiety for children and parents. This workshop is intended to provide parents with strategies they can employ to help everyone deal with their fears and concerns.

"Navigating "Google Classroom": The new age of "Remote Learning" has necessitated both students and parents using "Google Classroom" as the main teaching platform. This workshop will provide an overview of the platform and take parents on a guided tour of its components and features.

"Supporting Your Child in a Remote Learning Environment": While there is no replacement for face-to-face learning, remote instruction has become another way to educate youngsters. This session will provide tips for parents to consider in order to support their youngsters in this new learning environment.

"Social-Emotional Learning": The best social-emotional learning strategies for students can't just exist in school. Our CITE consultants are prepared to empower parents with SEL background knowledge and activities they can implement at home as well in order to support this latest initiative.

"Parent Volunteer Training": CITE consultants are now available to conduct parent volunteer training in line with DOE guidelines.

"Understanding Your Child's Report Card": This workshop is designed to explain the report card grading system and assist parents in interpreting the various report card elements/sections.

"Dealing with Video Game and Internet Screen Addiction": Children today no longer rely on personal, face-to-face interaction. The internet has become the communication vehicle of the younger generation. This session will assist parents in identifying the symptoms of video game and internet screen addiction. Parents will be offered strategies to deal with the issue.

"ESL Workshops for Parents": Why not offer a series of ESL classes for parents in need? On-going ESL classes can be arranged in order to assist adults with their language needs. A series of sessions is recommended, (i.e. 3-5).

"Raising Self-Reliant Children": Workshop discussion will focus on what parents can do to help children become more self-reliant and independent as they become older. Concepts such as "responsibility" and "accountability" will be discussed.

"Shifting Into High Gear: A Parent's Guide to the Common Core Instructional Shifts": This workshop is to serve as a refresher of what the CCLS are and their purpose. Parents will be offered suggestions re: supporting their children.

"Helping Your ELL Child Learn English": Ways parents can help their youngsters acquire English language skills. It will also provide ways that they can enhance their own proficiency in English.

"Dealing With Test Anxiety": This workshop will focus on strategies both parents and students can use in order to reduce the anxiety and maximize performance. Section 504, test accommodations will also be discussed.

"Maximizing Your Time During Parent/Teacher Conferences": Parents will be given pointed questions they can ask during the meeting. Parents will also be guided as to alternatives should follow-up conferences should be required.

"Understanding The NYS/NYC Testing Program": Parents will be given an overview of the purpose of testing, how the results are used, and a copy of the actual schedule. A sample copy of the Parent Report will be provided, accompanied by a tour of its sections and more importantly….how to interpret the Report results. Finally participants will be given specific suggestions focusing on how they can help children prepare for the NYS assessments.

"Anger Management/Conflict Resolution": Strategies for both adults and children will be offered should they be confronted with adverse conditions. Managing ones anger and what to do once conflict is evident will be discussed.

"Bully Prevention: Dealing With Bullying": Bully prevention is one of the "hot topics" of our time. During this presentation, the term "bully" and "bullying" will be defined in terms of characteristics and conduct. Parents will be afforded specific suggestions as to how to deal with the problem should their child be the bully or the victim.

"Helping Your Child Succeed In School/Improving Study Skills": Practical strategies parents can use to help their child succeed in school. The concept of improving study skills will be included in this session.

"Homework Without Tears": This workshop will address the issues parents are facing when children are completing homework. A rationale regarding the purpose/importance of homework will be discussed.

"Saying "NO" to Children": Discussion will focus on how parents can say "No" to their children while avoiding confrontation. Parents will be given the opportunity to describe specific incidents, (anonymously via index card), and ask for suggestions.

"Transitioning to Middle School/High School/College": (Depending upon the requesting school.) Parents and students This workshop will focus on the fears and strategies parents and students can implement to address the anxiety of transitioning. Specific suggestions will be offered to parents and students as to how to deal with issues should they arise at the onset or during the school year.

"The Student Referral Process and Understanding the IEP": Parents will be provided with an overview of the student referral process. Parents will be taken through the process leading up to referral, the actual process, placement, and CSE review. The concepts of parental consent and classification will be considered during the session. The purpose and parts of the IEP will also be discussed with parents; addressing specific questions as they arise.

"Assertive Discipline Practices for Parent Use": Parents encounter disciplinary issues on a daily basis with their children. Using Lee Canter's Assertive Discipline as a model, parents will be provided with strategies they can employ in a variety of scenarios.

"Cyber Bully Prevention: Dealing With Cyber Bullying": Cyber bullying has become the latest, most troubling form of harassment. This presentation will define cyber bullying, identify its elements and provide practical suggestions as to what parents and schools can do to address the problem.

"Internet Safety": The Internet is a wonderful tool that both students and adults can use for a myriad of objectives. It can unfortunately also be a dangerous place if children and parents do not recognize its pitfalls. This workshop will provide suggestions for parents to consider in order to keep their children safe as they surf the internet.

"A Summer Learning Plan for Children & Parents": Educators are well aware of the "summer slide" phenomenon. Students can lose up to 30% of what they have learned during the summer months. This workshop is designed to provide suggested activities and a planning calendar parents can use to minimize summer slide.

ADDITIONAL WORKSHOPS FOR YOUR CONSIDERATION

Job Hunting Workshops: "Resume Writing", "The Interview Process", "Effective Job Hunting Strategies"
Technology Workshops: "Basic Computer Skills", "Dealing With Social Media" (A Computer Lab is Required)
Health Related Workshops: "Nutrition & Fitness for Teens & Adults", "Health(y) Care, Lifestyles, Living"
Human Relations Workshops: "Improving Child Relations", "Developing Self-Esteem", "Time Management Strategies"